

Rainbows

FOR CHILDREN & YOUTH EXPERIENCING GRIEF



Grades 5 - 8 | Free | Registered

Support for children and youth who are experiencing grief caused by a loss such as death, separation, divorce, or other trauma. The program uses discussion and activities to work through the healing process, building problem-solving skills, improving communication with family and friends, lessening depression and anxiety, and showing them they are not alone in their grief.

Sep 15 - Dec 15, 2021

Wednesdays, 6:00 PM - 7:00 PM

Flipside Youth Centre, 4725-43 Street

Register online:
sylvanlake.ca/Youth